

TIDES

HEALTHY OPTIONS

- Oatmeal porridge 2200 G, N
Almond milk & raisins
- Smoked salmon bagel 2200 D, G, SF
Dill cream cheese & garden greens
- Classic cucumber & cream cheese bagel 2000 D, G
Dill & garden greens
- Fresh seasonal fruits & berries 2200

JUST EGGS

- TIDES Egg Benedict 2800 D, E, G
Smoked ham & hollandaise sauce
- Sourdough avocado 2700 E, G, V
Poached egg, radish & watercress
- Two eggs any style 2400 D, E
Add on
- Bell pepper, onion, mushrooms, spinach, chili 700
Ham, Gouda cheese, chorizo, chicken sausage 900

JUICES

- Freshly squeezed orange juice 1300
Freshly squeezed grapefruit juice 1300

HOT BEVERAGES

- Featuring Reykjavík Roasters
- Espresso 680
Double espresso 720
Cappuccino 840
Latte 860
Filter coffee 730
Selection of tea from Tea People 720

(D) Contains Dairy (E) Contains Eggs (G) Contains Gluten (N) Contains Nuts
(S) Contains Soya (SF) Contains Seafood (V) Vegetarian (VG) Vegan

Prices are inclusive of all taxes and service.

Dishes may contain allergens.

We are happy to provide alternatives to meet your dietary requirements.

TIDES

HOLLIR RÉTTIR

Hafragrautur 2200 G, N
Möndlumjólk & rúsínur

Reykt laxabeygla 2200 D, G, SF
Dill, rjómaostur & garðsalat

Beygla með rjómaosti & agúrku 2000 D, G
Dill & garðsalat

Árstíðabundnir ávextir & ber 2200

BARA EGG

TIDES Egg Benedict 2800 D, E, G
Reykt skinka & hollandaise sósa

Súrdeigsbrauð með lárperu 2700 E, G, V
Hleypt egg, radísur & vætukarsi

Tvö egg elduð eftir óskum 2400 D, E
Bæta við

Paprika, laukur, sveppir, spínat, eldpirar 700
Skinka, Gouda ostur, chorizo, kjúklingapylsa 900

SAFAR

Nýkrestur appelsínusafi 1300

Nýkrestur greipaldínsafi 1300

HEITIR DRYKKIR

Kaffi frá Reykjavík Roasters

Espresso 680

Tvöfaldur espresso 720

Cappuccino 840

Latte 860

Uppáhellt kaffi 730

Te úrval frá Tea People 720

(D) Inniheldur mjólkurvörur (E) Inniheldur egg (G) Inniheldur glúten (N) Inniheldur hnetur
(S) Inniheldur soja (SF) Inniheldur sjávarfang (V) Grænmetis (VG) Vegan

Réttir geta innihaldið ofnæmisvalda.

Láttu okkur vita sértu með ofnæmi eða óþol og við reynum okkar besta að verða við og bjóða upp á aðra möguleika.